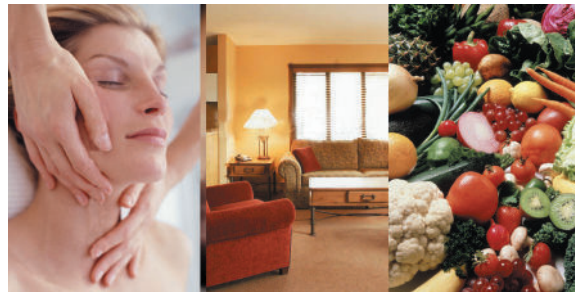


How I Differ

Use all 6 branches of Oriental medicine, not just 2
Healed my own fifteen-year case of rheumatoid arthritis and have been RA free since 1986
Combine O.M. with Western complementary methods (over 100 products and services available)
Work with Western practitioners, including M.D.s
Scan the body with an **INDIGO** biofeedback device
Do medical missions globally, to share healthcare modalities with practitioners worldwide
Enhance sessions with **Young Living** products
Integrate techniques from 4 medical traditions: Western, Eastern, Ancient and Modern.
Teach and speak widely, offering seminars at my own facility, or on-site for groups and corporations
Write and perform personalized ceremonies for christenings, weddings, funerals, and major life events.
Create Medical Feng Shui® floral designs (Ikebana/European)
Provide residential, commercial, and landscape Medical Feng Shui® consultations



Oriental Medicine Ancient Medicine for the 21st Century



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Small amounts are manageable. Large amounts are confusing. Subtly arrange the outcome and nothing more. Do not use force. -Lao Tzu

Pamela Cornish,
D.O.M.

- Pamela Cornish, Doctor of Oriental Medicine, in private practice in Albuquerque, New Mexico, since 1987, offers over 100 products and services to her patients, integrating Oriental and Western traditions.
- Since 1993, she has used **Young Living Therapeutic Grade Essential Oils** in her clinic. As a Certified Biofeedback Specialist, Dr. Cornish combines Modern and Ancient medicines, by providing treatments with the **INDIGO computerized biomedical device**. Based on 21st century, quantum physics technology, the **INDIGO** scans a patient's electromagnetic field (as does an EEG or an EKG), to locate the deepest blockages. Then, the **INDIGO** introduces healing frequencies to remove stress and **assist the body in healing itself**.
- As a child, she learned to use many types of herbs and bodywork, which she now combines with all six branches of Oriental medicine. Prior to graduating from Southwest Acupuncture College in Santa Fe, New Mexico, she taught in Japan and China for four years. There, using acupuncture and herbs, she totally healed her own fifteen-year case of rheumatoid arthritis.
- Formerly on the faculties of Southwest Acupuncture College, UNM's Cancer Center, New Mexico School of Natural Therapeutics, and Cancer Support Community, Dr. Cornish currently teaches at UNM's Center for Continuing Education, Highland Senior Organizations, and Young Living Therapeutic Grade Essential Oils. She also conducts seminars for patients, healthcare professionals, schools, corporations, and various groups, in an effort to combine Western and Oriental medicines for the benefit of those served.
- Dr. Cornish provides Medical Feng Shui® (MFS) consultations in both residential and commercial settings, and develops classes for UNM, which she teaches on a regular basis. Her goals are to empower her clients and students to create optimal health, integrate Oriental medicine with other healthcare systems, and share healthcare modalities and protocols with practitioners worldwide.

Those who enter my gate should know that the suffering of others is also mine. -Zhong Shan

The World Health Organization has published a list of hundreds of diseases treatable by acupuncture including:

- Allergies
- Arthritis
- Asthma
- Back Pain
- Digestive Problems
- Gynecological Disorders
- Headache
- Hypertension
- Insomnia
- Pain
- Sexual Disorders
- Skin Problems
- Smoking
- Sports Injuries
- Stress
- Weight loss/gain

However, more important than remediating acute and chronic disease, is acupuncture's capacity to treat the underlying causes of disease symptoms. Oriental medicine also builds the body's immune system, to cope with the negative aspects of our environment.

East Meets West

Acupuncture is compatible with other systems of healthcare and Dr. Cornish often treats patients collaboratively with nutritionists, chiropractors, and M.D.s, including allergists, oncologists, internists, general practitioners, gynecologists, neurologists, and rheumatologists.

Western and Oriental medicine can be combined easily, especially since neither system is complete. Western medicine offers excellent emergency protocols, diagnostic techniques, drug therapies, and surgical interventions, often focusing on treating or suppressing symptoms. However, Oriental medicine targets the underlying causes of disease in order to prevent the manifestation of symptoms. When practitioners from both systems collaborate, the patient receives the best of both worlds: symptom relief, as well as treatment of the root cause. Furthermore, Oriental medicine emphasizes preventive maintenance. Once a patient's initial acute complaint is resolved, he may choose to visit the clinic monthly for preventive healthcare maintenance, in order to balance his health, promote wellness, and prevent the manifestation of disease symptoms.

Introduction to Oriental Medicine

Oriental medicine originated five thousand years ago in China and, as a primary healthcare system, treats 75% of the world's population. Electromagnetic energy, or "qi", moves through meridians in the body. When this energy is blocked, pain, disease, or dysfunction results. The goal of Oriental medicine is to remove those blocks, restore the natural energy flow at the root of the problem, and thereby relieve the ailment. The tools of acupuncture include needles, bodywork, food, Medical Feng Shui®, exercise, and herbs. However, the greatest gift this ancient system brings to our modern time is preventive healthcare maintenance, which is so vitally important for our 21st century lifestyles. Oriental medicine keeps us well by bringing balance, harmony, and peace to our stressful, fast-paced, electronically orchestrated lives. Do you have the time and energy to enjoy your life, or are you rushing to cross items off your "To Do" list? Could you use more energy and vitality? To upgrade the quality of your life, harvest the benefits of Oriental medicine and integrate it with the Western Ancient and modern healthcare services Dr. Cornish provides.

"The physician of the future will not treat disease, but will counsel the patient in the art of living." -Thomas Edison

Six Branches of Oriental Medicine



Acupuncture

Balancing the body's qi with needles as thin as a hair



Bodywork

Chinese Tui Na and manual therapy



Herbs

Pills, tinctures, and loose herbs, with no side effects



Food

Using the five flavors to tonify organs and promote healthy function for the body's systems



Exercise

Qi Gong complements aerobics by providing deep, internal energy exercise.



Medical Feng Shui®

The art of placement balances the energy flow in your environment, just like an acupuncture treatment balances the energy flow in your body.

Acupuncture Questionnaire

Health, Wellness, and Vitality Assessment

Do you suffer from any of the following?

- Poor quality sleep, or chronic insomnia?
- Negative effects of excess professional, social, or emotional stress?
- Gas, bloating, heartburn, urinary/bowel dysfunction, or high cholesterol?
- Muscle tension in your back, shoulders, or neck?
- Unhealthy habits/addictions, (i.e. abusing alcohol, food, drugs, cigarettes, caffeine)?
- PMS, gynecological/menopausal/sexual disorders, infertility or prostate problems?
- Headaches?
- Poor circulation?
- Depression, anxiety, worry or nervous exhaustion?
- Arthritis, chronic joint pain/dysfunction, sports injuries?
- Allergies, sinus or respiratory problems?
- Skin problems?
- Fatigue or low energy?

If you checked any of the above questions, your body is giving you a message. In the West, we are taught to seek medical attention (sick care) only when we are sick. However, the goal of Oriental medicine (health care) is to keep all aspects of the body "tuned up," so that you may experience maximum vitality. Disease cannot occur in an environment of health. Be proactive: manage your stress. Practice preventive healthcare maintenance to ensure your body's optimum performance. Call Dr. Pamela Cornish at (505) 266-5277 today for an evaluation and treatment plan.